

University  
of South  
Wales



**SCOPE**  
Accredited

**OC**  
Academy

Batch Start Date  
11th Mar 2024

Application Deadline  
8th Mar 2024

# Postgraduate Diploma in Obesity & Weight Management

University of South  
Wales PG Certification

Clinical Experience  
in Top Hospitals

Stipend ranging  
from Rs. 4.2 – 6.6 LPA

Accreditors & Endorsers:  
European Union of Medical  
Specialists & SCOPE Accredited



[www.ocacademy.in](http://www.ocacademy.in)



[support@ocacademy.in](mailto:support@ocacademy.in)



080 6980 9595

# Introduction

The Postgraduate Diploma in Obesity and Weight Management is a prestigious, certified diploma program designed for healthcare professionals aspiring to accelerate their medicine careers. This one year program has a comprehensive structure with six modules. Each module runs for six weeks, emphasising practical and clinical application. Delivered by the esteemed University of South Wales, UK, renowned for its industry focus and top rankings in Health Professions, this course ensures a modern, globally diverse learning environment for aspiring health experts.



## Why choose this program?

This Postgraduate Diploma in Obesity and Weight Management accelerates healthcare careers, offering a 1-year program emphasising practical, evidence-based care with diverse healthcare settings. This course, developed by the acclaimed University of South Wales, prepares professionals to effectively manage and treat patients dealing with obesity, thus enhancing the procedural skills.

This program not only offers an enriching learning experience but also awards candidates with a renowned diploma degree from the University of South Wales. Candidates will have the unique opportunity to enhance their skills and expertise through clinical experience at a reputed hospital in India and will receive a handsome monthly stipend, making this program an ideal choice for those seeking well-rounded and rewarding educational experience.

# Course Faculty Details

---

## Programme Leader



### **Dr. Simon Williams**

Associate Professor at University of Wales Trinity Saint David,  
Programme Leader for the Postgraduate Diploma and MSc in  
Obesity and Weight Management  
and a Fellow of the Higher Education Academy.

# Eligibility Criteria

---

Applicants must hold an undergraduate medical degree or its equivalent to apply for the Postgraduate Diploma in Obesity and Weight Management. Applications will be judged on the individual specifics of the background and qualifications, including the ability to work at the postgraduate level.



## Documents Required

---

- ✓ A copy of your updated CV, including your address and date of birth.
- ✓ A copy of your undergraduate degree certificate.
- ✓ The name and email address of two individuals who can serve as reference, these could include a work colleague, employer or former tutor.
- ✓ A detailed personal statement explaining why you would like to undertake the course.
- ✓ Proof of English language proficiency is required.

Proficiency in the English language is also essential to completing our courses. If English is NOT your first language, we ask for proof of competency during the application process. We are able to accept an IELTS overall score of 6.0 (with a minimum of 5.5 for each band) or an equivalent qualification, accompanied by a letter from university confirming that the medium of learning was English in the last qualification degree.





# Assessment Methods

The Postgraduate Diploma in Obesity and Weight Management integrates case-based assessments, helping problem-solving and evidence-based care. Six modules offer personalised guidance, discussions, and online support for practical learning.

- ✓ **Academic Forum (40%):** Students engage weekly with 2-3 clinical cases, guided by expert-led discussions, and undergo assessment at the end of every module.
- ✓ **Module Assignment (20%):** Students engage in group assignments for holistic treatment approaches and individual assignments for academic skill development.
- ✓ **Reflective Journal (10%):** Students maintain reflective journals, under the guidance of their tutor, receiving grades and covering insights and personal growth for each module.
- ✓ **Case-based Examination (30%):** Students engage in a one-hour online test with 30 questions, "Single Best Answer" where they solve case-based problems.

## Course Fees

### Postgraduate Diploma

**£ 4,900**

12-month online course delivered by the University of South Wales faculty

- \* Case-based Learning
- \* Individual & Group Research Projects
- \* Faculty-led Forum Discussion
- \* Access to University's Vast Library and Journals

### Postgraduate Diploma with Clinical Training

**£ 4,900 + Rs. 2,63,000 (GST included)**

All the features of the Postgraduate Diploma plan are included:

12-month practical clinical experience in one of India's leading Multi-speciality Hospitals

**Monthly Stipend offered  
Rs. 4.2 – 6.6 lakhs per annum in India**

# Course Modules

---

## **Module 1 – Adipose Tissue and Energy Balance**

Develop a critical understanding and knowledge of adipose tissue, fat deposition and storage, and human energy balance.

## **Module 2 – Obesity: Obesity Epidemiology and Population Health**

Critically explore obesity as a chronic disease, its epidemiology and the global burden of obesity, and obesity-related comorbidities in populations.

## **Module 3 – Obesity in Relation to Disease, Genetics and Environmental Factors**

Develop a critical understanding of the medical, genetic, and environmental factors that can cause weight gain and obesity.

## **Module 4 – Personalised Weight Management (1): Nutrition, Physical Activity and Behavioural Interventions**

Enhance the knowledge and clinical skills required to effectively evaluate and treat obesity with emphasis on personalised care, nutrition, physical activity and behavioural modification.

## **Module 5 – Personalised Weight Management (2): Medical Treatments and Emerging Therapies**

Enhance the knowledge and clinical skills required to effectively evaluate and treat obesity with emphasis on personalised care, pharmacotherapy and new and emerging therapies.

## **Module 6 – Personalised Weight Management (3): Surgical Interventions**

Enhance the knowledge and clinical skills required to effectively evaluate and treat obesity with personalised care and surgery, and to manage the post-bariatric surgery patient.

# Teaching Methodology

---

This program is conducted entirely online through self-directed distance learning. However, you will receive guidance throughout with tutor-stimulated academic discussions, which are based on clinically-rich case scenarios. These usually occur within groups of 10-15 students, allowing you to clearly communicate with both your tutor and fellow doctors.

You will participate in a combination of group and individual activities, which are recorded in a reflective journal. This innovative teaching method enables you to envisage the translation of your studies into your everyday work and practice.







## **OC Academy (Accelerate Your Career in Medicine)**

Address: No 228/114, 4th Floor, Saroj Bank Square ("Omnicuris, 4),  
Bhoganahalli Road, Bengaluru, Karnataka 560103

### **Contact us**



[www.ocacademy.in](http://www.ocacademy.in)



[support@ocacademy.in](mailto:support@ocacademy.in)



080 6980 9595