



Certification Course on **Healthy Child**



ABOUT

Royal College of Paediatrics and Child Health(RCPCH)

Established 26 years ago, The Royal College of Paediatrics and Child Health with over 19000 members aims to 'transform child health through knowledge, innovation and expertise'. It conducts Postgraduate training for paediatricians, with the Membership of the Royal College of Paediatrics and Child Health (MRCPCH) exams, and Members of the college can use the postnominal initials 'MRCPCH' while Fellows use 'FRCPCH'. Apart from training, it provides courses and e-learning resources, campaigns, and research conferences to improve child health nationally and globally and also develops clinical guidelines. The college works closely with other bodies, including the Department of Health (United Kingdom), the General Medical Council, the National Institute for Health and Clinical Excellence (NICE), and so on.





ABOUT

Royal College of General Practitioners

The Royal College of Physicians for General Practitioners (RCGP) is a Highly recognized British professional membership body dedicated to improving the practice of medicine, primarily through the accreditation of Physicians by examination. It is the oldest medical college in England founded by royal charter in 1518. RCGP was the first association to introduce International standards in the Classification of Diseases. The goal of RCGP is to bring improvement in Health and Healthcare through advocacy, education, and research.





ABOUT

British Dietetic Association (BDA)

Established in 1982, British Dietetic Association (BDA), is a UK-wide membership organization and currently represents over 9,000 dietitians and dietetic support workers. It is headquartered in Birmingham, England, and affiliated with the Trades Union Congress and the Scottish Trades Union Congress. It aims to promote training and education in the science and practice of dietetics and associated subjects and regulate the relations between dietitians and their employers through the BDA Trade Union. It also administers the specialist register for dietitians and sports nutritionists working with elite sportspeople. produces a monthly magazine called Dietetics Today. Its official journal is the Journal of Human Nutrition and Dietetics, which is published bimonthly by John Wiley & Sons.





ABOUT

Community Practitioners and Health Visitors Association

Established in 1896, The Community Practitioners and Health Visitors Association, a part of Unite the Union, is a Trade union and professional association for health care staff in the UK and Ireland. It is part of Unite the Union. With active 18,500 members, it is UK's leading professional organization which includes health visitors, school nurses, nursery nurses, and other community nurses working in primary care. It publishes a monthly journal Community Practitioner containing both news and scholarly articles. The main objective is to bring about changes in community services for children. It is also a member of the Pediatric Continence Forum, which presses for improvements in pediatric continence care



ABOUT

Unite the Union

Established in 2007, Unite the Union commonly known as Unite, has currently over 1.2 million active member and is the second largest trade union in the UK. It is a British and Irish trade union formed by the combination of Amicus and the Transport and General Workers' Union (TGWU). In 2012, Unite has increased its membership by more than 50,000 members. In 2021, Sharon Graham was appointed as the Union's General Secretary. There are a number of factions within Unite: Unite Now and Unite Left, Unite Now is a "moderate left" and presents itself as an independent movement for lay members, activists and officers, and United Left is mostly made up of members on the left of the Labour Party, but also includes members of other political parties such as the Socialist Party and the Communist Party of Britain, as well as those who belong to no political party.

Session 01

Healthy Child Programme Basics

- 1.1 | Introduction to the Healthy Child Programme
- 1.2 | Leadership, Monitoring and Quality: Part 1: Principles
- 1.3 | Leadership, Monitoring and Quality: Part 2: In Practice

Session 02

Communication, Record Keeping and Inter- professional Working

- 2.1 | Communication and Record Keeping
- 2.2 | Using Record Keeping to Promote Multi-agency Working
- 2.3 | Using the Personal Child Health Record (PCHR)

Session 03

Family Health

- 3.1 | Families in the UK
- 3.2 | Home Environment
- 3.3 | Hard to Reach and Seldom-heard Families
- 3.4 | Protecting Families/Resilience

Session 04

Safeguarding

- 4.1 | Safeguarding Overview
- 4.2 | Vulnerable Infants and Children
- 4.3 | Looked After Children Part 1: Challenges and Principles
- 4.4 | Looked After Children Part 2: Influencing Factors and Outcomes of Care Journeys



Session 05

Positive Parenting and Parenting Issues

- 5.1 | Promoting Attachment and Wellbeing Part 1: Concepts
- 5.2 | Promoting Attachment and Wellbeing Part 2: In Practice
- 5.3 | Parenting Support Part 1: Definitions and Concepts
- 5.4 | Parenting Support Part 2: In Practice
- 5.5 | Parental Relationships Part 1: Influences and Effects
- 5.6 | Parental Relationships Part 2: Practical Methods of Assessment and Support

Session 06

Development and Behaviour

- 6.1 | Introduction to Development Part 1: Description and Influences
- 6.2 | Introduction to Development Part 2: Assessment and Referral
- 6.3 | Common Motor/Movement Problems Part 1: Normal Variations
- 6.4 | Common Motor/Movement Problems Part 2: Motor Disorders
- 6.5 | Feeding Difficulties
- 6.6 | Sleeping Part 1: Normal Physiology and Common Problems
- 6.7 | Sleeping Part 2: Parasomnias in Childhood and Disturbed Sleep
in Children with Disabilities
- 6.8 | Bladder and Bowel Control
- 6.9 | Fantastic Twos - Common Behavioural and Emotional Problems Part 1: Theory
- 6.10 | Fantastic Twos - Common Behavioural and Emotional Problems Part 2: In Practice
- 6.11 | Child Mental Health: Getting a Good Start

Session 07

Speech, Language and Communication Needs

- 7.1 | Child as Listener and Speaker Part 1: Non-verbal Aspects of Communication
- 7.2 | Child as Listener and Speaker Part 2: Verbal Aspects of Communication

- 7.3 | Typical Development Part 1: From Birth to Babble
- 7.4 | Typical Development Part 2: First Words and Early Sentences
- 7.5 | Communication Impairments Part 1: Late-talking Toddlers and Specific Language Impairment
- 7.6 | Communication Impairments Part 2: Specific Speech Impairment
- 7.7 | Communication Impairments Part 3: Cleft Palate, Hearing Impairment, Stammering and Selective Mutism
- 7.8 | Communication Impairments Part 4: Autistic Spectrum Disorder, Down Syndrome and AAC
- 7.9 | Children Learning Two or More Languages
- 7.10 | Supporting Strategies for Speech, Language and Communication

Session
08

Growth and Nutrition

- 8.1 | Nutrition Before and During Pregnancy
- 8.2 | Infant Feeding Part 1: Breastfeeding
- 8.3 | Infant Feeding Part 2: Formula Feeding
- 8.4 | Feeding Preterm Infants in Neonatal Units
- 8.5 | Healthy Eating for Toddlers: 1- 4 years
- 8.6 | Weighing and Measuring Infants and Children
- 8.7 | Growth Charts and their Interpretation
- 8.8 | Faltering Growth
- 8.9 | Common Nutritional Problems in Pre-schoolers
- 8.10 | The Social Context of Food
- 8.11 | Feeding Children with Development Difficulties
- 8.12 | Obese Toddlers and Infants

Session
09

Health Promotion

- 9.1 | Basic Principles of Health Promotion
- 9.2 | Health Promotion in Pregnancy (Smoking) Part 1
- 9.3 | Health Promotion in Pregnancy (Smoking) Part 2

- 9.4 | Mental Health Promotion in the Perinatal Period
- 9.5 | Health Promotion in Pregnancy: Obesity
- 9.6 | Obesity Prevention in Children
- 9.7 | Dental Health Promotion
- 9.8 | Injury Prevention
- 9.9 | Preconception Care
- 9.10 | Helping to Reduce Neonatal and Infant Death
- 9.11 | Substance Misuse During Pregnancy
- 9.12 | Health Promotion: Breastfeeding

Session 10

Screening

- 10.1 | Overview and Principles of Screening
- 10.2 | Ensuring Quality: Role of the UK NSC, Policy Development, Review and Quality Assurance
- 10.3 | Screening Programmes Part 1
- 10.4 | Screening Programmes Part 2

Session 11

Health Visiting Model of Practice

- 11.1 | Healthy Child Programme Model of Practice for Health Visitors

